

Jack n' Jill 8 Mile Cross Country Relay Invitational

- DATE: Thursday August 19, 2021
- LOCATION: Barr Lake State Park, Nature Center
13401 Picadilly Rd, Brighton, CO 80603
**** Daily Vehicle Pass Required ** \$9 (1 pass included for each school)**
- SPONSOR: Brighton High School
- DISTANCE: 8 Mile Relay with 4x2 Mile Legs
6 Relay Categories--each running a 2 mile course, relay style (2 mile times will be recorded in MileSplit).
Jack Race (4 boys)
Jill Race (4 girls)
Jack n' Jill (2 boys / 2 girls)
Freshman Jack Race (4 boys)
Freshman Jill Race (4 girls)
Freshman Jack n' Jill (2 boys / 2 girls)
- SCHEDULE: The time schedule for the meet is as follows:
Packet Pick-Up: 3:30-5:00
All Relays START @ 5:30 pm: For Jack n' Jill Teams, the GIRL starts 1st.
- REGISTRATION: CONTRACT: <<https://forms.gle/CKYPbRqjmv14qJAd6>>
DEADLINE: **Tuesday, September 17th 11:59 pm**
Sign up Teams via coMileSplit AND Google Sheets (link below)
IMPORTANT!!
 Make a COPY of the [Google Sheet Entry Form](#) ,
 Rename it "YOUR SCHOOL NAME" JackNjill
 Submit it to simon@crtiming.com CC: ksmidt@sd27j.net
- COST: \$250 for UNLIMITED Relay Teams OR
\$50.00 for EACH Relay Team (Partial or Full)
- AWARDS: Awards Ceremony appx 20 min after the final team finishes. Overall Team Awards for each Relay Category + Overall Fastest Leg Male & Female
- SCORING: Each Leg will be Electronically Timed. **It is important that you run each athlete in the order in which they are registered** (MileSplit will use their relay leg as a 2 mile time).
- TIMER: Colorado Race Timing
- CHECK IN: Coach check-in & Relay exchange area will be at the Visitor's Center

picnic pavilion.

STATE PARK
ENTRY &
PARKING

All buses need to park in the field marked for overflow parking. Your entry pays for 1 bus entry for your team. Please remind Team Spectators that they will need to pay the State Park entry fee. August is Military Appreciation Month: *Service members and Veterans may obtain a free Military **August** Pass allowing free entry to any Colorado State park or recreation area during the month of August annually.*

TEAM TENTS
COURSE

Teams may set up tents in the center grass area by the parking lot. The course will be marked with flags and chalked arrows. Landscaping flags will be used to mark the whole of the course--blue flags on your right and red flags on your left--and 6ft directional flags will mark straight-aways and major turns. Intersections will be blocked. The running surface consists of grass and dirt paths. Maps will be available via email prior to the race.

FACILITIES

Port-o-Potties are available at the park. No running water. Dressing shower facilities will not be available.

IMPORTANT

Please pay your entry fees prior to the Invite day. Teams in good payment standing will receive an Invitation over the summer for the following season.

MEET
DIRECTOR

Coach Karen Smidt 303.621.4540 or 303.655.4209