

2023 Mercury Invitational~State Qualifier



Welcome to the Mercury Invitational, sponsored by Brighton High School on **Friday, March 17, 2023** at the Brighton High School Track.

State Qualifying: This meet is a state pre-qualifying meet and is sanctioned by CHSAA.

Date: Friday, March 17, 2023 / Entries due 9:59 p.m. MTN time Wednesday 3-15

Time: 10:30 am Coach's Mtg / 11:00 Field Events / 11:30 Running Events

Site: Brighton High School Stadium & Track (corner of Skeel & 10th/Ron Cox Ave). **SCHOOL WILL BE IN SESSION WHEN YOU ARRIVE AND WE HAVE SIGNIFICANT CONSTRUCTION, SO PLEASE DO NOT USE THE PARKING LOT BEHIND THE SCHOOL.** Buses can drop athletes off at the south entrance on Southern and park in the dirt lot on the corner of Southern and 8th. Spectator parking will be street parking or the dirt lot. Enter through the southwest gates. Coaches, please be prepared to show your CHSAA card/Staff I.D. at the ticket booth if not entering with your team.

Rules: 2022-2023 National Federation Track and Field rules and CHSSA Track and Field Bulletin will be the official rules of this meet.
Meet Officials for 2023~ Starter: TBA, Back-up Starter: TBA, Track Official: TBA
Field Official: TBA Pole Vault Official: Clerk: RaJean Tiffany

Entries: Enter via Milesplit: PASSWORD **will be sent**
Entries due 9:59 p.m. MTN time 3-15
Entries are limited to three individuals per Varsity Event one relay per Varsity relay event. We have **added a co-ed weightmen's relay (unscored)** for the 4x100 (two boys/two girls—any order).

Scoring: Eight Places will be scored. (10-8-6-5-4-3-2-1).

Events: All Track & Field events will be run as FINALS for this day. Track events will be run against time. Field events: Horizontal Jumps & Throws competitors will be allowed **four** total trials, replacing the preliminaries and finals format with four jumps/throws with minimum marks to be announced. Vertical jumps will be allowed just **three** total trials.

Awards: Awards to the first place boys and girls teams. Medals will be awarded to first place in each event and ribbons to 2nd - 8th places.

Entry Deadline: **Entries are due by 9:59 PM (MTN) on Wednesday, March 15 2022.** Entries will be made using CoMileSplit (co.milesplit.com), which will use FAT times. If only handheld times are available, please add .25 to the hand time to ensure accurate seeding. If no known times are available, please enter NT.

Payment: \$350.00 for both gender teams / \$175 for single gender team / \$30 per individual athlete. Entry fees may be paid via CC to 303-655-4180.

Contact Info: Karen Smidt, BHS Head Coach / Meet Manager
E-mail: ksmidt@sd27j.net
Phone: 303-655-4209 (school) 303-621-4540 (cell)

Brighton High School
270 South 8th Avenue
Brighton CO 80601
Phone: 303-655-4209 School fax: 303-655-2885

The coach's meeting will take place at 10:30 a.m. in the locker room south of the snack bar. ABSOLUTELY NO additions or substitutions will be permitted. Athletes can scratch with the Clerk at the start line.

Enter via Milesplit: PASSWORD TBA

Entries are due by 9:59 PM (MTN)
Wednesday, March 15th!

This is a hard deadline. NO additions or substitutions can be made after this date.

Mercury Invitational Schedule

Field Events

11:00a.m.	<u>Girls</u> High Jump Triple Jump Discus	<u>Boys</u> Shot Put Long Jump Pole Vault
APPX 1:00p.m.	<u>Girls</u> Shot Put Long Jump Pole Vault	<u>Boys</u> High Jump Triple Jump Discus

All field event competitors must check-in at their event, prior to the event's listed starting time.

The Long Jump, Triple Jump, Pole Vault, Shot Put, and Discus will be run in flights. All horizontal events are finals, and each competitor will be given four attempts, or three in the case of pole vault and high jump.

Shot put and discus weigh-in begins at 10:00 a.m. in between the locker rooms (south of the snackbar). All shot puts and discs must have a weigh-in mark in order to be used for competition.

The starting height for the High Jump will be slightly below the 8th best incoming jump (TBA the day before the meet). The height will be raised by 2" increments. Athletes will be given three attempts at each height.

Pole Vault weigh-ins will occur at the Southeast Red shed near the Vault. The starting height for the Pole Vault will be slightly below the 8th best incoming jump (TBA the day before the meet). The height will be raised by 6" increments. Athletes will be given three attempts at each height.

Track Events

PAY ATTENTION TO THE CALL FOR EVENTS! **We will roll through all events as quickly and efficiently as possible.**

11:30a.m.	800m medley relay (G)
	3200m relay (G & B)
	100m high hurdles (G)
	110m high hurdles (B)
	100m dash (G & B)
	800m relay (G & B)
	1600m run (G & B)
	400m relay (G & B)
	400m dash (G & B)
	(15 minute break)
	300m low hurdles (G)
	300m intermediate hurdles (B)
	800m run (G & B)
	200m dash (G & B)
	3200m run (G & B)
	1600m relay (G & B)
	*400m Weightmen's Co-ed relay (alternate B/G)

All track athletes (only anchors of relays) must report to the table on the north end of the field to obtain a hip number and then **check-in with the clerk** at the staging area prior to their event. All athletes **MUST check-in with the clerk** prior to their event or they will be scratched. Hip numbers need to be worn on the left hip.

- Athletes will be seeded by submitted times. The heats will run from slow to fast.
- The 400m relay and 800m relay will be run in lanes the entire race. All other relays and distance events will be staggered at the discretion of the starter using USATF rules.
- A maximum length of 3/16-inch spikes will be allowed.
- Tape may be used sparingly to place marks on the track. Scratching, use of chalk or marker, or inserting objects into the ground is prohibited.
- No food or drink other than water is allowed in the competition area. Absolutely NO sunflower seeds anywhere on the Track or Field premises.
- Uniform rules will be enforced. **Athletes may not possess or use electronic devices of any kind in competition areas. This will be strictly enforced.**
- Team Camps with tents may be set up on the east side of the track in the stands or along the fence OR under the west stadium stands. Please do not obstruct any competition areas. *NO TENTS IN WEST SIDE STANDS.*
- **Athletes should remain in the stands or camps unless competing or warming up.** Athletes may use the football field or the dirt track across the road to warm-up. **NO PARENTS OR SPECTATORS WILL BE ALLOWED ON THE INFIELD.**
- Designated filming areas for all field events will be marked & set aside for COACHES.
- Admission will be charged: \$6 for adults, \$5 for students.
- Please clean up your trash and check your area for your athlete's gear before leaving.
- Team scoring will include the top eight places in each event (10-8-6-5-4-3-2-1). Medals will be awarded to first place and ribbons 2nd - 8th in each event. The top two male and female teams overall will receive Team Awards.
- Meet results will be available on the CoMileSplit website.

- Checks should be made out to Brighton High School/ Track & Field. Your CHSAA contest contract was the Google Form that was turned in prior to the meet and is binding. Refunds WILL NOT BE ISSUED and the fee must be paid even if you are a no-show. Inclement weather cancellations will be credited to entry for following year.

Meet Manager—Karen Smidt (BHS Head Coach) 303-655-4209 (school) / 303-621-4540 (cell)

Site Director—David Smith (BHS Athletic Director) 303-655-4152